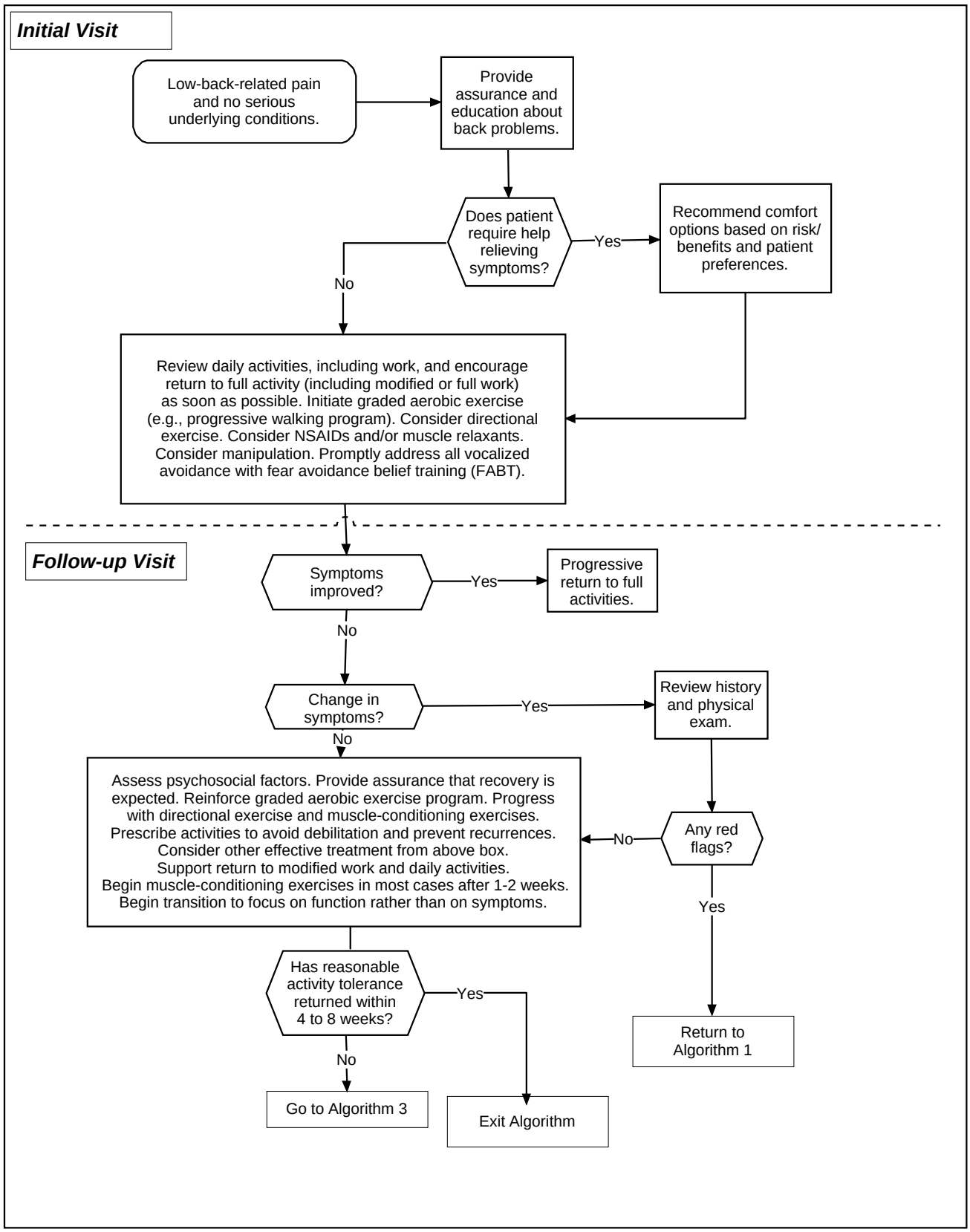Low Back Algorithm 2. *Initial and Follow-up Management of Acute and Subacute Low Back and Radicular Pain*