Doctor’s Diagnosis Form

Question 1. Visceral/ redflag

Question 2. Pain source

Centralization: Cervical____ Lumbar____ DP_______

Segmental: Cervical____ Lumbar____ SI____

Neurodynamic: Cervical____ Lumbar_____ Central____

Muscle palpation: Cervical____ Lumbar_____ Pelvic_____

Question 3. Perpetuating factor

Instability: Cervical____ Lumbar – hip ext_____ Lumbar – Seg Inst_____

Pelvic (ASLR) _____

CPH:_____

Fear:_____

Passive coping:______

Depression:_______

Dr.’s initials ________