Appendix Table 1. Adult Ambulatory Visits to Complementary and Alternative Medicine Providers and Inflation-adjusted (2008 dollar) Expenditures on Complementary and Alternative Medicine Services in 2002 versus 2008 (Unabridged)

|  |  |
| --- | --- |
|   | Total or Mean (95% CI) |
|   | 2002 | 2008 |
|   | Chiropractic Care | Acupuncture | Massage Therapy | Other CAM Services | Chiropractic Care | Acupuncture | Massage Therapy | Other CAM Services |
| No. of US Adult Users (millions) | 11.5 (10.6, 12.2) | 0.9 (0.7, 1.2) | 3.2 (2.7, 3.7) | 1.1 (0.8, 1.4)  | 11.9 (10.7, 13.0) | 1.1 (0.8, 1.4) | 3.4 (2.7, 4.0) | 1.2 (0.9, 1.4) |
| Ambulatory Visits |   |   |   |   |   |   |   |   |
| Total US (millions) | 98.6 (86.6, 111.0) | 6.4 (3.7, 9.0) | 17.1 (13.2, 20.9) | 3.6 (2.4, 4.7) | 96.1 (83.4, 109.0) | 5.4 (3.1, 7.7) | 17.0 (11.9, 22.0) | 3.7 (2.3, 5.1)  |
| Mean No. of Visits per Usera | 8.6 (7.8, 9.4) | 6.7 (4.5, 8.9) | 5.4 (4.3, 6.4) | 3.3 (2.8, 4.3) | 8.1 (7.4, 8.8) | 4.8 (3.0, 6.6)\* | 5.0 (4.0, 6.0) | 3.2 (2.3, 3.9)  |
| Expenditures (2008 dollar) |   |   |   |   |   |   |   |   |
| Total US (billions) | 6.2 (5.4, 7.1) | 0.4 (0.2, 0.6) | 1.0 (0.7, 1.2) | 0.4 (0.3, 0.5) | 6.9 (5.8, 8.0) | 0.4 (0.2, 0.5)  | 1.0 (0.7, 1.3) | 0.3 (0.2, 0.3)  |
| Mean Expenditure per Usera | 447 (395, 499) | 360 (242, 478) | 259 (207, 311) | 301 (184, 418) | 582 (510, 655)\* | 325 (205, 445) | 305 (243, 368) | 214 (156, 273) |
|   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |
| Source: Authors' analyses from the Medical Expenditure Panel Survey |
| Abbreviations: CI, confidence interval; CAM, complementary and alternative medicine |
| a Linear regression adjusted for age, sex, and health care insurance (uninsured, private, or government health care insurance) used in comparisons of means (expenditures log-transformed) across years 2002 to 2008 to test for trend |
| \* indicates p-values ≤ 0.05 for coefficient of year as categorical variable in models |