Appendix 3

**Possible contraindications to chiropractic spinal manipulation**

Extra precaution and consideration should be taken if:

1. Visual disturbances, pupillary dysfunction or papilledema
2. Difficulty breathing
3. High blood pressure
4. Fever
5. Difficulty urinating or passing stools
6. Stomach pain with continuous vomiting, jaundice, chronic diarrhea
7. Rapid weight fluctuation
8. Unexplainable bruising, edema, swelling, psoriasis
9. Swollen lymph glands in the throat/neck, enlargement of thyroid, hyperhidrosis, polyphagia, temperature intolerance
10. Swollen and painful joints, symptoms of arthritis, pain/swelling of bones and/or muscles, pain/unable to stand on leg(s), pain at night. Visible signs of skeletal malformation/other congenital malformations. Acute damage to joints/sprains. Also attention on possible violence/abuse.
11. Suspicion of fracture(s)
12. Loss of consciousness, black outs, paresthesia, cramps, paralysis, abnormal movement or speech, kinesthesia, changes in personality, depression, hallucination.

add.10: If congenital malformation or fracture is suspected, an x-ray examination can be performed.

References:

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