



Preparation of this data base was made possible in part by the financial support of the
National Institute of Chiropractic Research

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Chronology of

Wray Hughes Hopkins, D.C. & Chiropractic Day

filename: Hopkins CHRONO 02/09/26

word count: 1,749

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Color Code:

Red & Magenta: questionable or uncertain information

Green: for emphasis

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Year/Volume Index to the *Journal of the National Chiropractic Association* (1949-1963), formerly *National Chiropractic Journal* (1939-1948), formerly *The Chiropractic Journal* (1933-1938), formerly *Journal of the International Chiropractic Congress* (1931-1932) and *Journal of the National Chiropractic Association* (1930-1932):

Year	Vol.	Year	Vol.	Year	Vol.	Year	Vol.
		1941	10	1951	21	1961	31
		1942	11	1952	22	1962	32
1933	1	1943	12	1953	23	1963	33
1934	3	1944	14	1954	24		
1935	4	1945	15	1955	25		
1936	5	1946	16	1956	26		
1937	6	1947	17	1957	27		
1938	7	1948	18	1958	28		
1939	8	1949	19	1959	29		
1940	9	1950	20	1960	30		

CHRONOLOGY

1918 (May 4): **Fountain Head News** [AC 23; 7(34)] includes:
 -letter to BJ from W.R. Hopkins of Helena, Montana (p. 14),
 indicates he's been jailed for unlicensed practice

1920 (July 10): **Fountain Head News** [AC 25; 9(43)] includes:
 -letters to BJ from W.R. Hopkins of Helena, Montana (p. 3)

1921 (Jan 22): **Fountain Head News** [AC 26; 10(19)] includes:
 -letter to BJ from W.R. Hopkins of Helena, Montana (p. 14)

1931 (Jan): **The Hawkeye Chiropractor** [6(3)], L.M. Rogers,
 D.C., editor, includes:

-“Activity! A professional holiday honoring D.D. Palmer is suggested” (p. 1); includes:

Dr. C.H. Wood, Editor of the “Chirogram,” Los Angeles, California, suggests that the Chiropractic Profession set aside one day in the year in honor of Dr. Daniel David Palmer, the Founder of Chiropractic. We believe this move is one which will receive the endorsement of the entire Profession and we take this means to heartily endorse it. Dr. D.D. Palmer was born in Canada, March 7, 1845, and died in California in the year of **1914**.

September 18, 1895, is the date usually given as the date of the Discovery of Chiropractic by this great and good man, although it is known that he had been thinking and studying the application of this vital principle for some months or years previous to this date.

Dr. F.F. Roth of Kentucky has suggested that the date of March 7, 1931 be set aside as the first Professional Holiday and also that this day shall be known as “D.D. Palmer Day” and be fittingly celebrated

with due honor to the “Old Master” for the discovery of the vital principle of Chiropractic...

1941 (Sept): **The Chiropractor** [37(9)] includes:

-Wray Hughes Hopkins, D.C., Ph.C. authors “Chiropractic Day, 1941” (p. 13); includes:

Origin of the Idea

To those practitioners not familiar with the origin of Chiropractic Day let me briefly record the following facts:

During the summer of 1928 while returning from Yellowstone Park the writer conceived the Chiropractic Day plan and personally presented same to Dr. B.J. Palmer, only son of Dr. D.D. Palmer.

The idea was to have chiropractors in all countries observe September 18th in their respective communities and thus annually identify themselves with the world's greatest natural healing science. This was to be done by personal lectures in adequate halls or auditoriums to invited guests; by radio broadcasts; or by well-written articles or even paid advertisements in local newspapers. Dr. B.J. Palmer immediately approved this idea and commissioned the writer to give the plan to the field. The original Chiropractic Day “get-together” was held on September 18, 1928, with a large representative audience at the Ardmore, Pa., Woman's Club. This was repeated in 1929 and '30 and from then on we have alternated between printer's ink in the local papers and radio broadcasts – both methods of course reaching a vast army of people. During 1930 while touring eight countries abroad we personally presented the plan to outstanding practitioners in the leading European cities...

1942 (Aug): **The Chiropractor** [38(8)] includes:

-Wray Hughes Hopkins, D.C., Ph.C. authors “Chiropractic Day” (pp. 6, 26)

1946 (Aug): **The Chiropractor** [42(8)] includes:

-Wray Hughes Hopkins DC, PhC authors “Chiropractic day, 1946” (p. 2):

Chiropractic Day, 1946

Presages the Profession's Second Half-century of Progress

By WRAY HUGHES HOPKINS, D.C., Ph.C.

(Founder of the Movement)

The fifty-first anniversary of the discovery of Chiropractic by Dr. D.D. Palmer at Davenport, Iowa, will be internationally commemorated by the Profession on Wednesday, September 18th.

On that date - 1895 - a new era of natural healing was bequeathed suffering humanity - a method as revolutionary to medicine as the atomic bombs are to antiquated explosives.

Upon Dr. B.J. Palmer, sole surviving son of the discoverer of Chiropractic, fell the tremendous task of guiding and scientifically developing the profession. So successfully did he labor, that today

finds the science ranking in graduates and colleges second only to medicine.

Chiropractic's miraculous results upon two generations of sufferers, who too often only turned to the Science as a last resort, have entrenched its merits in the minds of millions.

No higher tribute to the efficiency of Chiropractic could be paid than the recent venomous, medically-inspired attack found in Hygeia and Reader's Digest.

Those practitioners who for various reasons have not as yet annually identified themselves with "CHIROPRACTIC DAY" movement in their respective localities, but are desirous of having data for doing so, simply address:

WRAY HUGHES HOPKINS, D.C., Ph.C.
"Glenn Gate", ARDMORE, PA.

1947 (Sept): **National Chiropractic Journal** [17(9)] includes:

-Wray Hughes Hopkins, D.C., Ph.C. authors "Chiropractic Day, September 18, 1947" (p. 44)

1948 (Sept): **National Chiropractic Journal** [18(9)] includes:

-Wray Hughes Hopkins, D.C., Ph.C. authors "Celebrate Chiropractic Day" (p. 25)

-Wray Hughes Hopkins, D.C., Ph.C. authors "Chiropractic Day, September 18, 1948" (p. 44)

1949 (Sept): **JNCA** [19(9)] includes:

-Wray Hughes Hopkins, D.C., Ph.C. authors "Celebrate Chiropractic Day, Sept. 18" (p. 23)

1950 (Sept): **JNCA** [20(9)] includes:

-Wray Hughes Hopkins, D.C., Ph.C. of Ardmore PA authors "Celebrate chiropractic day, Sept. 18" (p. 33)

1951 (Mar): **JNCA** [21(3)] includes:

-George A. Smyrl, D.C., president of NCA, issues "President's Proclamation of Daniel David Palmer Memorial Day" (p. 4)

-"News flashes: Pennsylvania" (p. 54); includes:

DR. HOPKINS ELECTED PRESIDENT

Dr. Wray Hughes Hopkins, of Ardmore, who had served as editor of the association's journal during the past year, was elected president of the Pennsylvania Licensed Chiropractic Association Sunday at the Brookside Country Club, near Allentown.

Dr. Hopkins, well known locally and internationally as the founder of Chiropractic Day, was active last year in the exposure of the "diploma mill" in Philadelphia, and it was through the efforts of this association that the authorities acted.

He has been prominent at numerous chiropractic conventions, national and international, and has travelled extensively both in this country and abroad during his activities.

His son, George Hopkins, 25, graduated last June from the National College of Chiropractic, Chicago, Ill., and will take his state examination early next year.

Also elected at the meeting were Dr. E.J. Leyrer, Philadelphia, vice president; Dr. Gerion Burger, Lancaster, secretary; and Dr. Earl Heacock, Aldan, treasurer. – Taken from the Chronicle, Ardmore, Pa.

1951 (Sept): **National College Journal of Chiropractic** [23(3)] includes:

-Wray Hughes Hopkins, D.C. of Ardmore PA authors "Chiropractic Day" (pp. 8-9, 21)

1952 (Sept): **JNCA** [22(9)] includes:

-L.M. Rogers, D.C.'s editorial (p. 6) includes:

"Chiropractic Day" was aptly named some years ago by Dr. Wray Hughes Hopkins, of Ardmore, Pennsylvania, as September 18, since it was on that date, in 1895, that Dr. Daniel David Palmer gave the first chiropractic adjustment.

This year, for the first time, that notable event was proclaimed with a speech in Congress by Rep. Samuel K. McConnell, Jr., on July 5, 1952, and printed in the Congressional Record. It was later reprinted and some 22,000 were sent from the NCA executive offices to every chiropractor throughout the world. The reprints were arranged by Dr. Emmett J. Murphy, NCA Public Relations Director in Washington, D.C. and Dr. Wray Hughes Hopkins.

Due to the demand for reprints for wider distribution to laymen, the NCA has made it available to those desiring from 100 to 1,000 copies at a cost of \$3 per 100 or \$30 per 1,000 postpaid. They will be ready by September 1, so if you are interested, send your order at once and it will be delivered promptly.

-"September 18 is Chiropractic Day" (pp. 10-13, 64-5), which is reprint from Congressional Record of speech by Congressman Samuel K. McConnell, Jr. on July 5, 1952

-Justin C. Wood, D.C. of NCA's board of directors authors "Some pertinent thoughts on Chiropractic Day" (p. 30)

1957 (Mar): **ICA International Review** [11(9)] includes:

-"Joint PR program is continued" (pp. 6-10); many photographs (McPhail, Wray Hughes Hopkins, Hugh Chance, Rogers), including:



"EXECUTIVE COMMITTEE heading the joint conerence include three representatives from the CCA, ICA and NCA. They are (front row, from left) D. S.B. Hindle, Dr. L.K. Griffin, Dr. Tom Lawrence, Dr. L.D. McPhail, (back row, from left) Dr. Gordon Goodfellow, Dr. Karl Lindquist, Dr. Don C. Sutherland, Dr. R.W. Tyer, and Dr. Lorne Wheaton."



“COORDINATING COMMITTEE sat in a panel discussion to answer questions from the floor. They are (from left) Dr. L.M. Rogers, executive secretary of the NCA, Dr. Don C. Sutherland, executive secretary of the CCA, and Paul Mendy, director of information services for ICA.”

1957 (Mar): **JNCA** [27(3)] notes:

-photograph of Wray Hughes Hopkins, D.C. of Pennsylvania at Annual Public Relations Conference in Louisville KY (p. 15)



1959 (Oct): **ICA International Review** [14(4)] includes:

-"Chiropractic Discovery Day Celebrated Sept. 18" (p. 39):

Davenport, Ia. (ACP) – Chiropractors throughout the world celebrated the 64th anniversary of D.D. Palmer's discovery of Chiropractic on Sept. 18.

Many chiropractors marked the occasion by offering free back-to-school spinal checkups on the day. Other published newspaper advertisements in commemoration of the day and some held special dinners to observe the 1895 discovery.

1971 (Apr): **ACA Journal of Chiropractic** [8(4)] includes:

-"Tribute to a Chiropractic Pioneer" concerning death of Wray Hughes Hopkins DC on 2/8/71 (p. 32)

2002 (June 9): E-mail from Lou Sportelli, D.C.:

He was a good guy. We eventually had three groups in PA... The PA Association of drugless Physicians (under the medical board)..early 19xx... then this group converted in the 50's to the PA Chiropractic board...and the PA Licensed Chiro Assn was the other group mostly national... Hopkins was a good guy... Wray and George.

References: